



VIDUSHI GARGI CENTRE *for* WOMEN DEVELOPMENT



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Wajra O' Force have shown their willingness to collaborate with Vidushi Gargi Centre for Women Development of GTU and have invited us to serve as their knowledge partners for Wajra's herSTEAM – Life Skills project. As a part of this collaboration, female faculty members and of various PG Schools have visited the schools adopted by the foundation to educate the young girls on various topics in order to boost their motivation to continue with their education.

The next sessions were consecutively held on 01/02/2024 and 02/02/2024 at Ellisbridge 7 Primary School (AMC) located near Mocha, SV Desai Marg, Vasundhra Colony, Gulbai Tekra, Ahmedabad. These sessions were conducted by Ms. Sweta Dhungel (Assistant Professor, GSMS) along with her student Dr. Jaldhi Gajjar (PGDHM Student, GSMS) wherein they covered topics like Food, Importance of healthy and nutritious food, Types of nutrition, What to eat and what not to eat, Hygienic food, Food and it's calories on 01/02/2024 whereas Importance of education, Difference between good and bad habits, What are good habits and bad habits, How to develop these good habits and their effects in life, Importance of hygiene in daily life, How to develop and maintain hygiene on 02/02/2024 for approx. 150 students on both the days.

